WILD WEASEL WEEKLY WRAP-UP



- Updates
- News
- **Events**

...and more!

7 October 2021

UPDATES

COVID-19 MITIGATION UPDATE

A. MAB COVID-19 Directive and MAB Hot Spot Annex

The most up-to-date documents are on the Misawa COVID-19 Information page. Use QR Code/link to navigate to the page.

- B. The MAB COVID-19 Directive was updated 07 Oct 2021. See below for significant changes. Visit the Misawa COVID-19 Information page to read the full Directive.
 - 1. ROM requirement has changed from 14 days to 10 for fully vaccinated travelers.
 - a. No change to testing requirement (day 5).
 - No change to unvaccinated procedures.
 - c. Previous positive within 90 days follows vaccination status ROM length except for testing requirements.
 - i. No ROM exit testing
 - ii. Fully vaccinated members will be on installation ROM for 10 days, unvaccinated or partially vaccinated members will be on installation ROM for 14 days.
 - 2. Reduced quarantine length for asymptomatic unvaccinated individuals who were identified as close contacts.
 - a. Reduced from 14 to 10 days with a test on or after day 8.
 - b. Vaccinated close contacts are not required to quarantine if asymptomatic.
 - 3. Requirement for initial ROM check-in removed.
 - 4. TAD/TDY outside of Japan must be approved with an ETP by the first O-6 in the chain of command for all Misawa AB community members.
- C. The MAB Weekly Hot Spot Annex was updated 5 Oct 2021.
 - i. New White Areas: Hachinohe City and Osaka, Hyogo and Aichi Prefectures.
 - ii. New Yellow Area: Okinawa Prefecture
- D. LIBERTIES: Note the following changes.
 - 1. On-Base:
 - a. Groups larger than 50 people that include people from outside of the Misawa AB community or indoor events that will exceed 50% of the meeting space capacity need approval from the coordinator's unit commander.
 - 2. Off-Base:
 - a. Maximum groups of 20 people or 50% of meeting space capacity, whichever is less, unless approved by the coordinator's unit commander.
 - b. Unvaccinated Misawa members are AUTHORIZED to visit locations that are not listed as restricted in the map. Vaccinated members may visit the restricted yellow areas but not red areas:
 - i. Off-base restaurants (subject to the following limitations):
 - ii. If occupancy remains at 50% capacity or less of the maximum capacity for dining in the restaurant.
 - iii. Delivery and carry out are approved.
 - iv. No dining-in or extended shopping in Hachinohe cities regardless of vaccination status.
 - ii. Movie theaters/cinemas when the occupancy of the site does not exceed 50% and social distancing can be maintained.
 - iii. Tattoo shops, massage shops, and onsens.
 - iv. Off-installation gyms/fitness centers within Misawa City limits and facilities within close proximity of personal residence.
 - v. Amusement/theme parks where COVID-19 mitigation measures are in place and maintained (social distancing and mask use enforcement).
 - vi. Travel to Yellow areas for unvaccinated personnel will require unit leadership approval and a 14-day ROM on return. (7-day Residential ROM followed by a 7-day Installation ROM)
 - c. Misawa members are **RESTRICTED** from the following locations **if COVID-19 mitigation measures cannot be met or are not enforced**:
 - i. Festivals, flea markets, concerts, festivals, and events with high-density crowds or mass gatherings, or any facility with a potential for crowds, close contact, or closed spaces.
 - d. Misawa members are **RESTRICTED** from the following at **ALL TIMES and LOCATIONS**:
 - i. Bars, nightclubs, karaoke clubs, and social clubs.
 - ii. EXCEPTION: Fully vaccinated members are allowed to visit bars, nightclubs, karaoke clubs, and social clubs within Misawa City if the location's occupancy is not at greater than 50% capacity.

The vaccines and mitigation measures help us stay considerably safer, but they are not 100% effective in preventing COVID. If you return from travel and develop symptoms, immediately report them to MDG COVID hotline at DSN 226-6555 / Comm 0176-77-6555 to obtain guidance on COVID testing.







MISAWA COVID-19 DIRECTIVE: WEEKLY HOT SPOT ANNEX

EFFECTIVE AS OF: 05 Oct 2021 Changes are highlighted in YELLOW



The stipulations below are IN CONJUNCTION with the "Misawa Air Base COVID-19 Directive."

ON-BASE LIBERTIES

 Groups larger than 50 people that include people from outside of the Misawa AB community or indoor events that will exceed 50% of the meeting space capacity need approval from the coordinator's unit commander

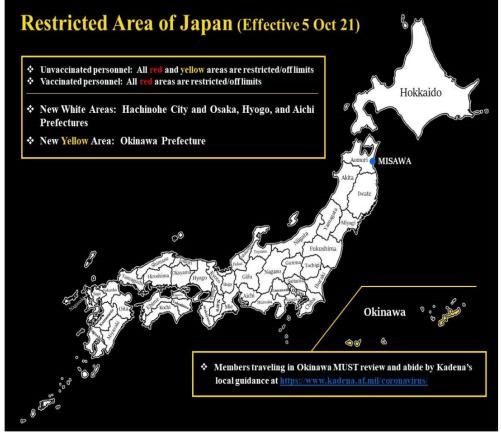
OFF-BASE LIBERTIES

- Maximum groups of 50 people or 50% of meeting space capacity, whichever is less, unless approved by the coordinator's unit commander
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 - i) If occupancy remains at 50% capacity or less of the maximum capacity for dining in the restaurant
 - ii) Delivery and carry out are approved
 - iii) No dining in or extended shopping in Hachinohe city regardless of
 - b. Movie theaters/cinemas when the occupancy of the site does not exceed 50% and social distancing can be maintained
 - c. Tattoos shops, massage shops, and onsens
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 - e. Amusement/theme parks where COVID-19 mitigation measures are in place and maintained (social distancing and mask use enforcement).
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- 5. Misawa members are **RESTRICTED** from the following at **ALL TIMES and LOCATIONS**:
 - a. Bars, nightclubs, karaoke clubs, and social clubs
 - b. EXCEPTION: Fully vaccinated members are allowed to visit bars, nightclubs, karaoke clubs, and social clubs within Misawa City if the location's occupancy is not at greater than 50% capacity

CONTACT INFO

Misawa Medical COVID Hotline: 226-6555/5575 (0176-77-6555/5575); <u>usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil</u> Misawa COVID Support Cell: 226-2082 (0176-77-2082)

Misawa Air Base Facebook: https://www.facebook.com/MisawaAirBase/





MISAWA ROM GUIDANCE

Refer to the graphic for details about ROM.

Additional details can be found in the Misawa AB ROM Handbook:

https://www.misawa.af.mil/Portals/41/documents/COVID19/

MAB%20Newcomers%20ROM%20Handbook%20(May%2021)%

20v3.pdf

MISAWA ROM GUIDANCE **ENTERING JAPAN**

Vaccinated







Vaccinated Individual Traveler

0 days restricted to residence

10 days restricted to installation

Day 5 - 8 test required

Unvaccinated Individual Traveler

7 days restricted to residence

7 days restricted to installation

Day 5 - 6 test required

Vaccinated Travelers 0 days residence

Traveling Family Unvaccinated Travelers 7 days residence 7 days on installation 10 days on installation

Vaccinated Traveler

Day 5 - 6 test required

Vaccinated Travelers 0 days residence 10 days on installation Day 5 - 8 test required **Household Members**

No ROM

Unvaccinated Traveler



Unvaccinated Travelers 7 days residence 7 days on installation Day 5 - 6 test required

<u>Vaccinated</u> Household Members No ROM

Unvaccinated Household Members 7 days residence 7 days on installation no test required (monitor symptoms)

Unvaccinated require negative COVID test to transition to installation ROM All require negative COVID test to be rel See the Misawa AB COVID-19 Directive for ROM definitions Contact your chain of command or the COVID Cell for additional guidance

Current as of 7 Oct 2021

Flu Vaccine Lines

See below for details on how, when, and where you can get your flu shot.



Influenza Vaccine Lines



■ WHO: ALL US SOFA PERSONNEL ■ WHAT: Influenza Vaccine Lines ■ WHEN: 28 and 29 Oct @ 0600-1800 ■ WHERE: Enlisted Club (Fault Line)

ADDITIONAL INFO:

■ Walk-ins at Immunization Clinic available starting 1 Nov ■ 0730-1600 Mon, Tue, Wed, Fri and 1200-1600 Thu

> OPR: Capt Eric Willson DOE: 30 Oct 2021

COVID-19 Results Available on TRICARE Online

Patients who have received a COVID-19 test may now view their results through TRICARE Online (TOL). The result will be posted as soon as it is certified

To see your results, please login in to https://www.tricareonline.com or Scan QR code below

-click on the Health Record button

-click on Laboratory Results.



Follow this link or QR Code to REGISTER/LOGIN
Select LOGIN (either by CAC or DS Logon) If you do not have a TRICARE Online account, click on the "Need an Account" and follow

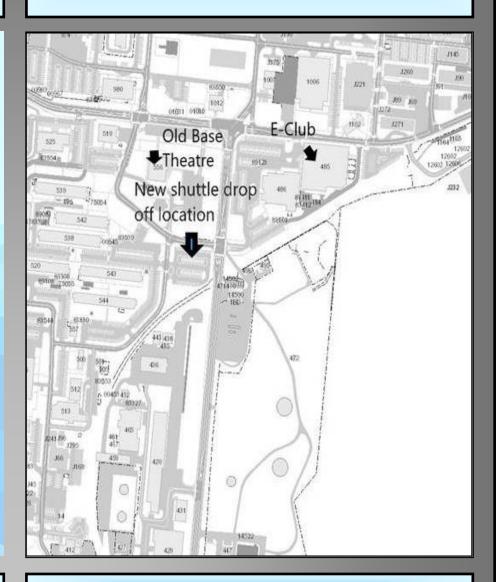
the instructions

28 APRIL 2021



New Yokota Bus Drop off Location

Starting 8 September 2021 the shuttle drop off location will change to the parking lot south of the old base theatre. See attached map for directions.



Yokota-Misawa Holiday Shuttle Schedule



Traveling to Japan from SEATAC



*All travelers must receive a negative COVID test WITHIN 72-HOURS OF SCHEDULED DEPARTURE

from SEATAC

Travelers have been denied travel due to their tests being outside 72-hours even if it's only by minutes - Check your test timestamp!*

* Travelers who do not need a negative COVID test for departure from SEATAC:

- SOFA travelers who are fully vaccinated with proof of vaccination
- SOFA travelers who recovered from COVID-19 within the previous 90 days with official proof of recovery - SOFA travelers under the age of two (2)
- Note: COVID XpresCheck is not open for testing at SEATAC during check-in hours

For more information, please consult the DoD Foreign Clearance Guide (https://www.fcg.pentagon.mil/)

* Starting 1 Oct, dependents without a Special Issuance (No-Fee) Passport will be denied boarding with no except



FEATURED STORY: Misawa Exercises ACE during Beverly Sunrise 21-08

Exercise Beverly Sunrise (BS) 21-08 was a week-long exercise that allowed Team Misawa to test their Agile Combat Employment (ACE) and Multi-Capable Airmen (MCA) in simulated real-world scenarios.



Read More Here:

https://www.misawa.af.mil/News/Article-Display/Article/2795173/misawa-exercises-ace-during-beverly-sunrise-21-08/

Transportation Security Agency (TSA) Airport Passenger Checkpoints- CAC Use By Travelers at Airport Check-In

The TSA system for verifying CAC holder's bar code information is not working and may prevent air travelers from checking in at airports. Members who plan to travel will need to bring alternative identification with them to the airport, such as an unexpired State Driver's license, State ID, or Passport. Complete list of acceptable identification is listed at: https://www.tsa.gov/travel/security-screening/identification

The DoD is aware of members presenting their Common Access Card (CAC) as an acceptable form of Identity at the TSA airport passenger checkpoints. The Defense Manpower Data Center (DMDC) continues to work with TSA and Department of Homeland Security (DHS) officials, and will provide an update to the DoD/uniformed Services DEERS Project Offices of TSA's efforts at airport passenger checkpoints.

Commander's Open Line

Do you have any questions you'd like Misawa Air Base leadership to answer? If so, submit your questions by commenting on the Misawa Air Base Facebook page or message directly.

Questions will be addressed during the next

Commander's Open Line Radio Show on

5 Oct 2021 at 1630.



Range Day Canceled

Unfortunately, due to inclement weather conditions in the forecast,

Range Day 2021 has been canceled. At the

moment, there are no plans to reschedule the event.

We apologize for any inconvenience and thank you for

understanding.

Misawa City Public Facilities Reopened.

Effective Friday, 1 October, all Misawa City public facilities are reopened and all restrictions for use of parks in Misawa City have been lifted.



35th Fighter Wing Legal (JA) Office Closure

35th Fighter Wing Legal (JA) Office Closure

The 35th FW/JA office will be closed on 8 October 2021, from 07001500. Normal office hours will resume the following duty day.

Misawa Exchange (AAFES) Hours of Operation Change (Columbus Day)

See slide below for details.

Special Hours Of Operation Columbus Day (Monday, October 11th)

Exchange		Conces	sions
Main Store	1000 - 1800	au Shop	1000 - 1800
Express	24hrs	Allied Telesis	1000 - 1800
Furniture Mart	CLOSED	Barber Shop	1000 - 1800
MCSS	CLOSED	Car Rental	1000 - 1800
Gas Station	0800 - 1700	MAS	1000 - 1800
MSX (Hospital Cafeteria)	CLOSED	Gift Shop	1000 - 1800
Pizza Hut/Delivery	1100-1800/1330-1800	Optical Center	1000 - 1800
Subway/Delivery	0900-1800/1100-1730	Pack&Wrap/Housekeeping	1000 - 1800
Charley's	1000 - 1800	Petals&Blooms(Flower Shop)	1000 - 1800
Taco Bell	1030 - 1800	Stylique Salon	1000 - 1800
Baskin Robbins	0900 - 1700	North Area Barber Shop	CLOSED
Dunkin Donuts	0900 - 1700	Alterations/The Cleaner(Bld 525, Express)	1000- 1800
Burger King	1100 - 1700	Alterations(Bld 429, MCSS)	CLOSED
Popeyes	1100 - 1700	The Spa	1000 - 1800
Anthony's Pizza	1030 - 1800	 Kichi Taxi	0600 - 0200

Misawa Veedol Beach Closed (Current as of 30 Sept 21)

The Misawa Veedol beach will be closed for camping/BBQs until next season (Misawa Veedol beach normally opens from mid-July to early September). You can walk around the beach, but please ensure to refrain from littering garbage.

Misawa Halloween Festival Closure

The Misawa Halloween Festival on 23 October has been cancelled.

Interpersonal Violence Victims' Legal Services Pilot Program

From <u>1 August 2021 – 31 October 2021</u>, individuals stationed at Misawa AB and Yokota AB who believe they may be victims of interpersonal violence may contact the Yokota Special Victims' Counsel office at **DSN 225-8880** to schedule an appointment for confidential legal assistance.

From <u>1 August 2021 – 31 October 2021</u>, all Special Victims' Counsel will be participating in the Air Force Test Pilot Program to offer expanded services to victims of interpersonal violence. Capt Joline Combs, Special Victims' Counsel, will be offering legal assistance to interested victims at Misawa and Yokota. For those at Misawa, Capt Combs can do these appointments telephonically, or via apps such as FaceTime video or Zoom.

The purpose of the three-month pilot program is to gauge the need for Special Victims' Counsel Services outside of those already provided to victims of domestic violence and sexual assault.

AIR & SPACE FORCE SPECIAL VICTIMS' COUNSEL

Providing support to Yokota and Misawa

INTERPERSONAL VIOLENCE VICTIMS' LEGAL SERVICES PILOT PROGRAM

- INTERPERSONAL VIOLENCE (IPV) VICTIMS ARE VICTIMS OF:
 - DATING VIOLENCE
 - FAMILY VIOLENCE
 - WORKPLACE VIOLENCE
- WHAT SVCs CAN DO FOR IPV VICTIMS:
 - PROVIDE CONFIDENTIAL LEGAL ADVICE
 - EDUCATE YOU ON YOUR RIGHTS AS A CRIME VICTIM
 - PROVIDE INFORMATION & REFERRALS TO VICTIMS' SUPPORT SERVICES
- CONTACT YOUR LOCAL SVC OFFICE TO SCHEDULE A CONSULTATION
- WHAT SVCS DO FOR SEXUAL ASSAULT AND DOMESTIC VIOLENCE VICTIMS:
 - PROVIDE CONFIDENTIAL LEGAL ADVICE
 - PROTECT YOUR RIGHTS AND PRIVACY INTERESTS
 - ADVOCATE YOUR VOICE & CHOICE
 - · ADVISE YOU ON THE INVESTIGATION AND PROSECUTION PROCESS
 - REPRESENT YOU IN INTERVIEWS, HEARINGS, AND MILITARY TRIALS
- CONTACT YOUR LOCAL SVC, SARC, FAP, VWAP COORDINATOR OR LEGAL OFFICE TO REQUEST AN SVC*
 - RESTRICTED REPORTS: GO TO THE SVC, SARC, VICTIM ADVOCATE, CHAPLAIN, OR HEALTH CARE PROVIDER TO ENSURE THE REPORT REMAINS RESTRICTED



SPECIAL VICTIMA COUNSEL



SSGT LAUREN SHEERAN PECIAL VICTIMS: PARALEGAL

YOKOTA AB SVC OFFICE

WESTSIDE, BLDG. 1297 (NEXT TO THE BOWLING ALLEY) DSN: 225-8880

Community Relations Day Cancellation / Base Trick-or-Treat Update

Team Misawa,

Due to an uptick of COVID-19 in the region, we have decided to cancel the Community Relations Day that was going to occur the weekend of 30-31 October.

Instead we will focus on Halloween events that weekend. The installation will execute base-wide trick-or-treating on Saturday evening, 30 October 2021, from 1700-2000 hrs.

Thank for your executing your part in following the restrictions and executing the mitigation measures and social distancing where needed so we can continue to keep a safe and healthy community.

V/r,

Col Jesse "Ammo" Friedel

Commander, 35th Fighter Wing and Misawa AB Installation

Misawa AB, Japan

PAWS Misawa Howl-o-Ween

PAWS Misawa will be hosting a Howl-o-ween event for families and animals. PAWS will be providing animal grooming services and running a food booth, inviting Home Based Business to set up booths, and have activities and games for kids.

See Facebook page for more information.

POC- SSgt Zachary Johnson, email- zachary.johnson.33@us.af.mil or zachj1228@gmail.com



Annual "Lace Up" Breast Cancer and Domestic Violence Awareness Run/Walk

The OB/GYN, Mammography, Health Promotions Clinics and Family Advocacy are hosting the Annual "Lace Up" for Breast Cancer and Domestic Violence Awareness Run/Walk.

Date/Time: Saturday, 09 Oct from 0800-1000

Location: FSS Track (behind Edgren High School).

OB/GYN and Family Advocacy Program
with Mammogaphy and Health Promotion
present

BREAST CANCER &
DOMESTIC VIOLENCE
AWARENESS



SATURDAY, OCTOBER 9

Run/Walk

Join us for the first Breast Cancer and Domestic Violence Awareness Run/Walk

TIME: 8AM-10AM

LOCATION: FSS TRACK

- Other events for the month:
- Breast cancer into table at OB/GYN
 Oct 13, 14: Manuscaphy Server
- Oct 13-14: Mammography Screen-O-Thon

Participants will lace up and walk/run one mile around the track in honor of victims.

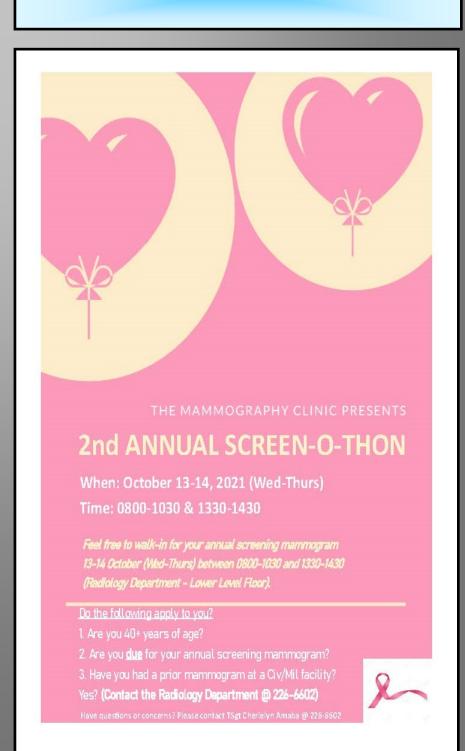
Remember to wear your best pink and purple ensemble!

American Japanese Bowling Tournament



2nd Annual Screen-O-Thon

Please see the below slide for more details.



Combined Federal Campagin (CFC) Virtual Kickoff

Since the establishment of the Combined Federal Campaign (CFC) by President Kennedy in 1961, we've come a long way. Generous federal employees have come together to support causes important to them by raising over \$8.5 billion in pledges to local, national, and international charities over the last 60 years. To mark this achievement, it is our pleasure to announce the 2021 CFC and our support to the historic, world-changing campaign – starting with our Virtual Kickoff on 20 September 2021.

Virtual Kick-Off: September 20 – October 18, 2021 Paper Kick-Off: October 18 – January 15, 2022

Your unit CFC Keyworkers will be reaching out to you. Be on the lookout for other ways to give back this year - whether it's through giving, volunteering, or engaging at events, sharing your story, or thanking our charities. You can learn more and get started on your Changemaker journey at: GiveCFC.org.

Misawa CFC Community Area Project Officers (CAPOs): Capt Rafael Dy and Capt Joshua Hager



Special Olympics Dodgeball Tournament

Please see below graphic for more information.

LET THE GAMES BEGIN!

2021 SPECIAL OLYMPICS DODGEBALL TOURNAMENT



9 October 21 1000 - 1400Weasels Den Indoor Field

Prizes: 1st Place Team (\$100), 2nd Place Team (\$80), and 3rd Place Team (\$40).

> Entrance Fee: FREE / Food available for purchase at event! Who Can Play: Teams of 4 (Age of 18 or older)

Signup at https://www.signupgenius.com/go/70A0D49A5AF28A4F58-special Interested in Volunteering? https://www.signupgenius.com/go/70A0D49A5AF28A4F58-dodgeball

All proceeds will be supporting the upcoming Misawa AB Special Olympics!

COVID Mitigation measures will be taken through duration of event. This Organization is not a part of the Department of Defense or any of its Components and it has no governmental status

Volunteer Victim Advocate (VVA) Course

Are you interested in becoming a Credentialed Victim Advocate?



The Sexual Assault Prevention and Response Office is hosting a 40-hour VVA Course: 4-8 Oct 2021



Who is Eligible?

® Air Force Active Duty:

See AFI 90-6001 pare 2.2 and 2.8 for at

- Enlisted E-4 & Above
- Officers O1E or O2 & Above ⊗APF Civilian Employees (GS-07 or Higher) All applicants must be 21 years old and above

Who is NOT Eligible?

@First Sergeants & Chief Master Sergeants ©Law Enforcement (SFS) and Investigations (OSI) SOffice of the SIA or ADC

Message us on Facebook

For Questions/ How to Apply

Contact the SAPR office

at 226-7271

at Misawa Japan-SAPR

@Personnel assigned to EO, IG, and Chapel SViolence Prevention Integrator/Implementers ©Community Support Coordinators **GNAF** Employees and Dependents

Annual Sexual Assault Prevention and Response (SAPR) Training opportunities

Annual SAPR trainings (mandatory for all AD and GS and due by 31 December) will now be offered at the Professional Development Center on 18 and 25 October at 1300. Use the link below to sign up for a class.

Signup genius link: https://www.signupgenius.com/go/60B0C44AFA62EA5F94-sapr1

October 2021 Domestic Violence Awareness Month

<u>United to End Domestic Violence</u>

Time: Thursdays, 7, 14, 21, 28 October from 0800-0900 each day

Tune in to weekly AFN Interviews with Misawa community helping professionals

<u>People and Pets for Violence Prevention Outreach Table</u>

Time: Saturday, 16 October, 1000-1700

Location: Building 1366

Domestic violence impacts families, friends, co-workers, colleagues, and furry friends, too! Purple ribbons for people and purple scarves for pets - until supplies last!

"How to Support Loved Ones Who Are in Abusive Relationships" Lunch & Learn Workshop

Time: Wednesday, 20 October, 1200-1300

Location: Safety Classroom #117, HQs building #507, presented Mr. David Powell, Jr., LCSW, Family Advocacy Program

Pizza provided! Sign up no later than Monday, 18 October by calling or emailing Mrs. James, tel 226-3513,

suzanne.james@us.af.mil

Purple Thursday Outreach Table

Time: Thursday, 21 October, 1100-1300

Location: BX Lobby

Show your support for domestic violence prevention by wearing purple!

Stop by to pick up need-to-know information, plus purple ribbons for yourself, friends, family, and colleagues.

Community Awareness & Education

Traveling vertical banners in high traffic areas ("Is Your Relationship Healthy?", "This is Not Love") throughout October

For more information, please contact Suzanne James, Violence Prevention, DSN 226-3513 or email: suzanne.james@us.af.mil

National Disability Employment Awareness Month

Did you know that October is National Disability Employment Awareness Month? To learn more and get information on how you can educate your unit, see the link on the poster.



Sixth Annual AU LREC Symposium Goes Virtual

The Air Force Culture and Language Center invites you to join us for our Sixth Annual Air University Language, Regional Expertise and Culture Symposium on 13-15 October! The symposium will be virtual again this year, making access to our speakers easier than ever, and registration is **FREE**!

Our Featured Speakers currently include:

- CMSSF Roger Towberman, Chief Master Sergeant of the U.S. Space Force
- Brig. Gen. (Ret.) David Stilwell, Assistant Secretary of State, East Asia and Pacific Affairs
- Dr. Tim Winter, Professorial Future Fellow, University of Western Australia
- Dr. Kyleanne Hunter, Assistant Professor, USAFA
- •And more speakers to be named soon!

Our theme, "The Great Power of Culture," addresses the influence of culture in the workings of power that will foster conversations about the role of language, regional expertise, and culture in the current U.S. national security and defense strategy in a world characterized by strategic competition.

Attached is a graphic for you to share on your social media channels and website, and here is the website where you can register and get more information: https://www.airuniversity.af.edu/AFCLC/AU-LREC/

We hope to see you in October for the AU LREC Symposium!

AFCLC Outreach Team

DATES: OCTOBER 13 -15, 2021



QUESTIONS?

Contact af.clc@us.af.mi

THE SIXTH ANNUAL
AIR UNIVERSITY

LANGUAGE, REGIONAL EXPERTISE AND CULTURE SYMPOSIUM

WE'RE GOING VIRTUAL!

REGISTER TODAY!
visit https://www.airuniversity.af.edu/AFCLC/AU-LREC/

THE GREAT POWER OF CULTURE



Upcoming School Advisory Council (SAC) Meetings

All SAC meetings are open to the public. See below for more details.



EDGREN SCHOOL ADVISORY COUNCIL (SAC)

What does the SAC address?

SAVE THE DATES

October 20th

December 15th

February 16th

May 18th

All meetings are from

3:30 - 4:30pm in the

Edgren MHS IC/library

YES

- School policies 8 administrative procedures
- Instructional programs
- programsAllocation of resources
- Student standards of conduct
- Base-related topics that impact students

NÓ

- Personnel practices or policies
- CompensationEmployee
- grievances
 Internal
 management of
- DoDEAFund Raising

ALL SAC MEETINGS ARE OPEN TO THE PUBLIC!

If you have topics you would like to be seen addressed in the SAC Meetings, please send agenda topics to the

Agenda topics must

- be submitted no later than:
- October 10th
 December 5th
 February 6th
 May 8th

edgrensac@gmail.com

AF Family Suicide Prevention Training

The Air Force has developed a new suicide prevention training for spouses of Airmen of all ranks and grades called "Equipping Family Members to Help Airmen in Distress."

This video training, supplemented with a discussion guide and handouts, is designed to be shown to a single viewer or, this training can be used in a small group discussion format. The length of this training is approximately 60-90 minutes and discussion topics include: Distress and Warning Signs, Intervention, Time-Based Prevention, Resources and Follow Up, and Being Proactive.

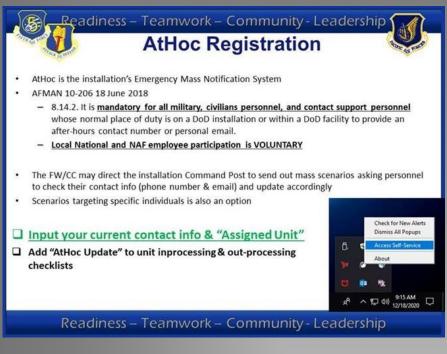
If a unit or squadron would like to offer this training to spouses in a small group discussion format, please contact Mrs. Suzanne James at DSN 226-3513, or email suzanne.james@us.af.mil, to facilitate this training. Individual family members can also take this training online using the following link: https://www.resilience.af.mil/Programs/Equipping-Families/.





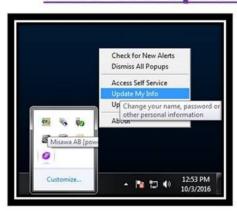
AtHoc Registration Instruction

Please use the following information to register for AtHoc. Please note that dependents' numbers can be registered in AtHoc as well via their sponsor.



Readiness – Teamwork – Community - Leadership

Have You Updated AtHoc?



- Get all Misawa Emergency Notifications through phone, text, and email.
- Click the "Purple Globe" on your desktop and "Update My Info"
- ✓ Download the "BlackBerry AtHoc" Mobile App to get notifications sent to all your Mobile Devices
- ✓ Org Code: RJSM

Readiness - Teamwork - Community - Leadership





35th Fighter Wing Public Affairs